

# Cwm Taf Morgannwg Baby and Toddler Voice

The period before I am born until I am aged two, is important for my development. My experiences, environment and, particularly, the connections I have with people who care for me will influence my future relationships, behaviour, learning and emotional well-being across my lifetime.<sup>i</sup>

It is important that you see me as my own person with feelings, rights and preferences. I rely on you to consider my views and interpret what I am trying to tell you, so I am central to each decision that affects me and keeps me safe and secure.<sup>ii</sup>

To help me be happy, healthy and safe, it is important that everyone is aware of their responsibilities to consider my rights, as well as the rights of all children in decisions that affect them. Parents and over 120 staff working with little ones like me, considered my rights as set out in the UNCRC<sup>iii</sup> and used my voice to draft these expectations at several Task and Finish Groups orchestrated by the Cwm Taf Morgannwg Early Years Transformation Programme, Children in Wales and Parent Infant Foundation.

## I need...

- **I need** to be kept clean, warm and have healthy food and shelter to grow and thrive.  
**UNCRC Articles which support statement 6 and 27**
- **I need** you to understand that I depend on you to keep me close (physically and in mind); to see me, respond to me and take time to get to know me.  
**UNCRC Articles which support statement 3**
- **I need** you to understand how I communicate, learn my cues and to consistently respond in a warm and loving way.  
**UNCRC Articles which support statement 12**
- **I need** you to understand that my experiences now will impact my future.  
**UNCRC Articles which support statement 3 and 6**
- **I need** you to remember that I'm my own person: allow me to be me and consider me in all the decisions you make.  
**UNCRC Articles which support statement 3, 8 and 29**
- **I need** a safe place to play and learn, to have fun and to feel happy; help me feel safe and protected from things I find scary.  
**UNCRC Articles which support statement 19, 29 and 31**
- **I need** opportunities to interact with others and learn from new experiences.  
**UNCRC Articles which support statement 2**
- **I need** you to help me develop connections with (other babies) friends, family and my community.  
**UNCRC Articles which support statement 6, 8 and 15**

## I need my trusted grown-up...

- **I need my trusted grown-up** to understand the importance of safe and caring relationships now, as well as in the future.
- **I need my trusted grown-up** to look after me, and their health before, during and after my arrival, and to reach out for help if things are not right.
- **I need my trusted grown-up** to understand and respond to my unique needs.
- **I need my trusted grown-up** to have help and information in the right way, at the right time, and in the right place so they can make the best choices for me.

## We need...

- **We need** access to good and affordable public transport so I can be taken to interesting places and to get the help and support we need.  
**UNCRC Articles which support statement 2**
- **We need** safe pathways and routes to access clean and green public spaces.  
**UNCRC Articles which support statement 19 and 24**
- **We need** important people to understand how vital my early years are for me to reach my full potential, and reflect this in all documents related to me and little ones.  
**UNCRC Articles which support statement 6 and 24**



<sup>i</sup> Parent Infant Foundation (2024) The First 1001 Days Evidence Brief Series: <https://parentinfantfoundation.org.uk/1001-days/resources/evidence-briefs/>

<sup>ii</sup> Infant Pledge. Voice of the Infant: best practice guidelines and infant pledge - gov.scot ([www.gov.scot](http://www.gov.scot))

<sup>iii</sup> United Nations Convention on the Rights of the Child (UNCRC): UN Convention on the Rights of the Child - UNICEF UK

\*\*We acknowledge that the baby's main caregiver may not be their biological parent but for the purposes of this resource we will use the term 'trusted grown-up'.

# Llais Babanod a Phlant Cwm Taf Morgannwg

Mae'r cyfnod cyn i mi gael fy ngeni tan fy mod yn ddwy oed, yn bwysig ar gyfer fy natblygiad. Bydd fy mhrofiadau, fy amgylchedd ac, yn arbennig, y cysylltiadau sydd gen i â phobl sy'n gofalu amdana i yn dylanwadu ar fy mherthynas, ymddygiad, dysgu a lles emosiynol yn y dyfodol ar hyd fy oes.<sup>i</sup>

Mae'n bwysig eich bod chi'n fy ngweld fel fy mherson fy hun gyda theimladau, hawliau a dewsiadau. Rwy'n dibynnu arnoch chi i ystyried fy marn a dehongli beth rydw i'n ceisio ei ddweud wrthy, felly rwy'n ganolog i bob penderfyniad sy'n effeithio arna i ac sy'n fy nghadw'n ddiogel.<sup>ii</sup>

Er mwyn fy helpu i fod yn hapus, yn iach ac yn ddiogel, mae'n bwysig bod pawb yn ymwybodol o'u cyfrifoldebau i ystyried fy hawliau, yn ogystal â hawliau pob plentyn mewn penderfyniadau sy'n effeithio arny'n nhw. Roedd rhieni a dros 120 o staff sy'n gweithio gyda rhai bach fel fi, yn ystyried fy hawliau fel sy'n cael ei nodi yn CCUHP<sup>iii</sup> Roedd rhieni a dros 120 o staff sy'n gweithio gyda rhai bach fel fi, yn ystyried fy hawliau fel sy'n cael ei nodi yn CCUHP a defnyddio fy llais i ddrafftio'r disgwyliadau hyn mewn nifer o Grwpiau Gorchwyl a Gorffen a drefnwyd gan Raglen Trawsnewid Blynnyddoedd Cynnar Cwm Taf Morgannwg, Plant yng Nghymru a Parent-Infant Foundation.

## Mae angen arna i...

- **Mae angen i** mi gael fy nghadw'n lân, yn gynnes a chael bwyd iach a lloches i dyfu a ffynnu.  
Erthyglau CCUHP sy'n cefnogi datganiad 6 a 27
- **Mae angen i** chi ddeall fy mod i'n dibynnu arnoch chi i'm cadw'n agos (yn gorfforol ac mewn meddwl); i fy ngweld, ymateb i mi a chymryd amser i ddod i adnabod fi.  
Erthyglau CCUHP sy'n cefnogi datganiad 3
- **Mae angen i** chi ddeall sut rydw i'n cyfathrebu, dysgu fy nghiwiau ac ymateb yn gyson mewn ffordd gynnes a chariadus.  
Erthyglau CCUHP sy'n cefnogi datganiad 12
- **Mae angen i** chi ddeall y bydd fy mhrofiadau nawr yn effeithio ar fy nyfodol.  
Erthyglau CCUHP sy'n cefnogi datganiad 3 a 6
- **Mae angen i** chi gofio mai fi yw fy mherson fy hun: gadewch i mi fod yn fi ac ystyriwch fi ym mhob penderfyniad rydych chi'n ei gwneud.  
Erthyglau CCUHP sy'n cefnogi datganiad 3, 8 a 29
- **Mae angen i** lle diogel arna i i chwarae a dysgu, i gael hwy! ac i deimlo'n hapus; helpa fi i deimlo'n ddiogel a'm hamddiffyn rhag pethau rwy'n eu cael yn ofnus.  
Erthyglau CCUHP sy'n cefnogi datganiad 19, 29 a 31
- **Mae angen i** cyfleoedd arna i i ryngweithio ag eraill a dysgu o brofiadau newydd.  
Erthyglau CCUHP sy'n cefnogi datganiad 2
- **Mae angen i** chi fy helpu i ddatblygu cysylltiadau gyda (babanod eraill) ffrindiau, teulu a fy nghymuned.  
Erthyglau CCUHP sy'n cefnogi datganiad 6, 8 a 15

## Mae angen i fy oedolyn dibynadwy...

- **Mae angen i'm hoedolyn dibynadwy** i ddeall pwysigrwydd perthnasoedd diogel a gofalgwr nawr, yn ogystal ag yn y dyfodol.
- **Mae angen i'm hoedolyn dibynadwy** i ofalu am fy iechyd, a'i hiechyd cyn, yn ystod ac ar ôl i mi gyrraedd, ac i estyn allan am help os nad yw pethau'n iawn.
- **Mae angen i'm hoedolyn dibynadwy** i ddeall ac ymateb i fy anghenion unigryw.
- **Mae angen i'm hoedolyn dibynadwy** i gael help a gwybodaeth yn y ffordd iawn, ar yr amser iawn, ac yn y lle iawn er mwyn iddo allu gwneud y dewsiadau gorau i mi.

## Mae arnom ni angen...

- **Mae angen** mynediad arnom ni at drafnidiaeth gyhoeddus dda a fforddiadwy fel y gellir mynd â mi i lefydd diddorol ac i gael y cymorth a'r gefnogaeth sydd eu hangen arnom.  
Erthyglau CCUHP sy'n cefnogi datganiad 2
- **Mae angen** palmentydd a llwybrau diogel arnom ni i gael mynediad at fannau cyhoeddus glân a gwyrrdd.  
Erthyglau CCUHP sy'n cefnogi datganiad 19 a 24
- **Mae angen** pobl bwysig arnom ni i ddeall pa mor hanfodol yw fy mlynnyddoedd cynnar i mi gyrraedd fy mhotensial llawn, ac adlewyrchu hyn ym mhob dogfen sy'n ymwneud â mi a rhai bach.  
Erthyglau CCUHP sy'n cefnogi datganiad 6 a 24

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