

## People Games

Some children may have difficulties seeking out others when playing, and do not appear to understand the pleasure that comes from sharing attention with another person.

People games are simple, repetitive routines that require two people. People games are often played the same way each time, so they are a great way for your child to learn how to interact and play with you.

### What do I need to do?

- Make the song and actions as **lively** as possible; this will help keep the child's attention.
- Play games, which have the same fun ending each time, this will help the child anticipate what is going to happen.
- **Pause** and **wait** for the child to indicate that they want you to keep going. They might do this with a movement, a look, a smile or a sound.



### Game ideas and nursery rhymes

- Bounce the child up and down on your lap or play swinging and rocking games on the floor.
- Play '**peek a boo**' or **hide and seek** games.
- Sing action rhymes together, such as, **Row row row your boat, Round and round the garden and this little piggy went to market.**

For further ideas check out the videos below.



Peek a boo



Anticipation game

[www.gov.wales/talkwithme](http://www.gov.wales/talkwithme)

### How?

**Short, fun, simple activities that take around 2-5 minutes.**

**Be the most exciting activity in the room, so I cannot resist joining in.**

### Putting it into practise

- Get your child engaged in physical people games – **you want them to find out how much fun he/she can have with you.**
- Choose a short activity your child enjoys and one, which can be done **repetitively.**
- Lap games are ideal to start with, use actions you can model and prompt.
- Once the child has experienced the routine a number of times, choose a suitable point to build in a pause, "if you see a crocodile, don't forget to... (**Pause**)...scream".

### ➔ Moving forward...

When you feel you are confident with this strategy, next, try introducing more **Anticipation** games. **Ready, steady, Go!** activities are great fun to play with your child and help build up communication.