

Repeat Repeat Repeat

Have you noticed how your little one loves to sing the same nursery rhymes, complete the same actions and read the same books? This is because each time they do so connections within the brain are strengthened.

Your child needs to hear a word lots of times before they feel confident enough to use it. The more they hear a word, the more they will begin to understand what it means.

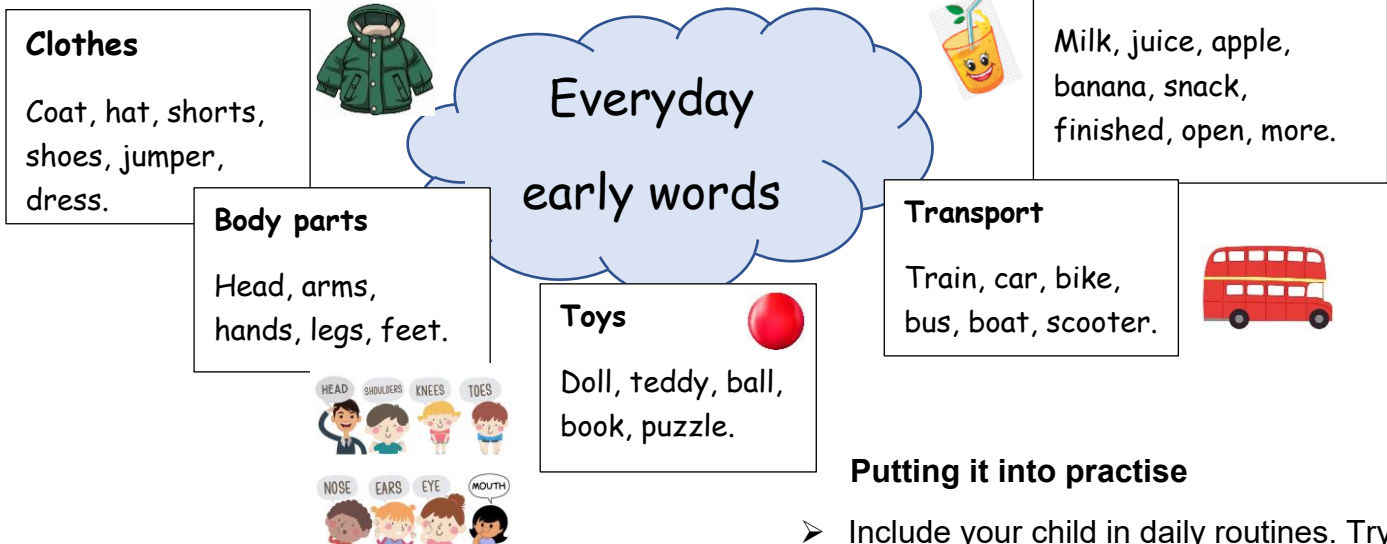
What do I need to do?

- Repeat and model the language correctly – **“my speech sounds will become clearer the more I hear a word said clearly”**.
- Children love to hear the same story, so when you are that particular book, **try and use different voices**. This will help to make the story more interesting for both you and your child.
- **Follow the child’s interests** – forced repetition won’t work, talking through what the child is playing with whilst their engaged is the way forward.

How?

Complete the same activities, use the same words, and follow the same routines...

Try picking a word of the week



For further ideas check out the videos below.



Putting it into practise

- Include your child in daily routines. Try **talking your child through what you are doing whilst remembering to repeat familiar words and actions**. Your child will enjoy the repetition and get to know what comes next.
- **Meal times** and **bath time** are great opportunities to highlight and **repeat** these everyday early words.
- Repeat a word lots of times, but mix it up! **‘Cars driving. Beep beep. Fast car. Car gone. There’s car. Beep beep.’**