

Starting Well Strategy Group Update: July 2022

Authors:
Elle McNeil
Sian Watkins



Starting Well: Progress overview

Progress Highlights

- **FRAIT and HCWP data is now available within CTM** following work with DHCW to access live data streams. Work is ongoing to develop appropriate dashboards to support Health Visiting plan and manage their caseloads.
- **Health Visiting** teams across CTM have engaged in MECC training. Work is ongoing to review practice, paperwork and recording to ensure healthy weight conversations are taking place and their impact can be seen.
- **Children's Services Programme Board** have agreed to developing a regional approach to parent-infant relationships and maternal mental health. Work is ongoing with LA partners to develop a regional response that will decrease children <2yrs old being taken into care, with an emphasis on prevention.





Clinical Strategy Lead: Jane O’Kane
Head of Planning & Commissioning: Elle McNeil
Planning & Commissioning Manager: Sian Watkins

Starting Well



Work Programmes/ Activity		Delivery confidence
Resilient Families Service (RFS) Wellbeing Health Programme:	D	Yellow
Preconception Care programme	S	Red
Parent-Infant Relationship Service	S	Green
Embedding Make Every Contact Count (MECC) across Public Health Nursing	D	Green
Oral Health Advisory Board	C	Green
Rare Diseases Major Health Condition Delivery Group	C	Green
Alignment of improvement and special measures programmes	S	Red

Progress and Achievements

- RFS strategy meetings have ceased due to Jane O’Kane’s absence. Progression of the regional model, Flying Start expansion work, and digital inclusion of Health Visiting has been paused.
- Preconception care programme has not progressed due to PHW/ Planning capacity.
- Parent-Infant work-stream has been established. Outline RIF funding bid is subject to ongoing discussion with RPB Commissioning unit and 3 LA’s. Early Years Transformation Board funding for Project Manager secured.
- MECC training and alteration to working practices has taken place across all Health Visiting teams.
- Oral Health Advisory Board has met twice since COVID, work is ongoing to re-establish the group, the priorities and 3 year plan.
- Rare Disease Major Health Condition Delivery group have paused work due to capacity. The new all-Wales plan is due July 2022 and will be used to restart work planning, including an Autumn paediatrics teaching event.
- No progress has been made to align the improvement and special measures programmes due to capacity.

Priorities

- Identify an interim Strategic Director for the Starting Well portfolio of work.
- Develop RIF funding bid for regional Parent-Infant relationship services.
- Develop Oral Health and Rare Disease 3 year plans, refocusing activity to achieve required national and local priorities.

Issues

- Capacity due to continued absence of staff to develop the Starting/ Growing Well portfolios.
- Strategic leadership.
- Drift of work-streams due to lack of capacity – developing a preconception framework and aligning improvement in neonates and maternity services to CTM2030 strategic direction.

Escalations

- Strategic Director support is required

Overall Delivery Confidence



Reporting Period

Q1 2022-23

Growing Well Strategy Group Update: July 2022

Authors:
Dr Emily Payne
Elle McNeil
Sian Watkins



Growing Well: Progress overview

Progress Highlights

- **CTM's Children's Rights Charter** was developed with CYP engagement and has been agreed by board. Work is ongoing to develop accessible formats and develop staff educational materials.
- **Transition healthcare planning** work-stream has been established to respond to new Welsh Government guidance.
- **Diabetes are taking a VBHC approach** to their overarching CTM plan and sub-groups, with a business case going forwards for Welsh Government consideration of VBHC funding to develop a diabetes podiatry service.
- **Children's Services Programme Board** have agreed to developing a regional approach to neurodevelopmental services, accessing Regional Integrated Funding (RIF). Work will commence to develop children's focused RIF capital bids over the coming year.





Clinical Strategy Lead: Emily Payne
Head of Planning & Commissioning: Elle McNeil
Planning & Commissioning Manager: Sian Watkins



Work Programmes/ Activity		Delivery confidence
Children's Rights	D	High
Healthy Weight: • Level 2/ 3 Obesity Services • CTM Health Weight Strategy	S	Medium
Transition planning: • CYP to Adult Services • Acute care	S	Medium
Diabetes	D	High
Children Looked After	C	High
Children's Programme Board • Revenue schemes • Capital schemes	S	High

Progress and Achievements

- CYP engagement around the Children's Rights Charter continues, with accessible formats and short video explainers being developed with CYP.
- Healthy Weight Steering group has been established to develop a regional approach to tackling obesity.
- Level 2/3 Health Weight Management Service continues to experience delays – start date unlikely until Q3/Q4 due to ongoing issues.
- A new approach to managing 16-18 year olds on acute sites is being trialled in RGH – learning will be taken across CTM once the pilot is complete.
- Diabetes VBHC work-streams are now active, with 2 business cases submitted for funding consideration and a new podiatry service being taken forward.
- Children Looked After will now be automatically invited for apprenticeship interviews as part of new work between CTM OD and LA CLA teams.
- Work is ongoing to develop a regional statutory and 3rd sector approach to neurodevelopmental services using RIF revenue streams.
- Work has commenced to consider RIF capital spend to develop a respite facility for children eligible for CHC funding and those with complex needs.

Priorities

- Developing the RIF capital bids for a trial Children's Hwb model at Maesteg and a regional specialist respite facility.
- Develop RIF revenue funding bid for regional neurodevelopmental services.
- VBHC Diabetes work-streams.
- Develop and launch the Children's Rights Charter with public and staff information.

Issues

- Capacity due to continued absence of staff to develop the Starting/ Growing Well portfolios.
- Capacity to support the varied diabetes work-streams, particularly if the podiatry business case gains Welsh Government funding.
- Level 2/ 3 Health Weight Management service.

Escalations

- Level 2/ 3 Health Weight Management service

Overall Delivery Confidence



Reporting Period

Q1 2022/23

Living Well Strategy Group Update: July 2022

Authors:
Marie Evans
Pam Wilson



Living Well: Progress overview



Progress Highlights – Top Three

- **Heart Failure (HF):** All VBHC projects **(1) Treatment Optimisation (2) HF Rehabilitation (3) Palliative Care** have project groups established work within an accountability and governance framework and are at various stages of progression. Robust project management frameworks have been developed. Good working relationship between System Group and CTM VBHC Team. Attending national events to enhance learning/best practice. PROMS data collected in project (1) and (3).
- **Respiratory:** Planning and Delivery Group has continued to meet has been recognised by national lead as an exemplar. Smoking Cessation, Education and Pulmonary Rehab Sub Groups have been established and are progressing work programmes aligned to the IMTP. Respiratory Workshop held on 30th June 2022, over 50 professionals attended. Event shared exemplar models of care within CTM, primary and secondary care, and innovative models care from England. An action plan to be developed which will feed into a Respiratory Strategy.
- **Liver Disease: Alcohol Care:** Multi agency/professional workshop held which commenced a review of the existing service, with a view to maximising outcomes for patient by better coordination of services. Robust process mapping across all DGH sites has been completed in line with VBHC methodology. Psychiatric Liaison access into the service has also been mapped. Business Case completed for a 7 day Alcohol Liaison Service, one of 8 bids shortlisted out of 26 to go forward for consideration for funding National VBHC team. PREMS development underway. **Hepatitis C:** workshop held and service development underway supported by National Lead.



Clinical Strategy Lead: Neil Hawkes
Head of Planning & Commissioning: Marie Evans
Planning & Commissioning Manager: Pamela Wilson



Work Programmes/ Activity	Delivery confidence	Progress and Achievements	Priorities
Heart Conditions Planning & Delivery Group: VBHC Projects: Heart Failure Optimisation Heart Failure Palliative Care Heart Failure Rehab Heart Failure NP Pro BNP ACS Pathway		<p>Heart Conditions: Optimisation Project: All Band 7 Nurses are now in post. All newly diagnosed clinic patient now having NTproBNP, PROMs, CROMs, PREMs being rolled out and used by HF nurses.</p> <p>HF Palliative Care: Pilot site (RTE) interim data shows reduced emergency admission and bed days. All patients have opportunity of ACP discussions, preferred place of death achieved where identified. Increased focus on rollout of service to other DGH sites. Recruitment process ongoing. National VBHC event attended.</p>	<ul style="list-style-type: none"> Continue to progress all Heart Failure VBHC Projects at pace. Recruitment processes ongoing for newly/expanded funded projects. To determine baseline activity, staffing and costings for alcohol care pathways across sites. Commence implementation of the Tobacco Control Strategy, implement plan for educational platform for respiratory to result in adoption of new prescribing guidelines. Following workshop to progress a Strategy for Respiratory care across CTM.
Respiratory Planning & Delivery Group: Sub groups: Smoking Cessation, Education & Pulmonary Rehab		<p>HF Rehab: Model and pilot site identified. Recruitment ongoing.</p>	<p>Issues</p> <ul style="list-style-type: none"> Capacity within the team has been an issue due to supporting additional workstreams i.e Ukrainian Welcome Centres and Critical Care Contingency Plan.
Liver Planning & Delivery Group: Sub Groups: Alcohol Care, Hep C		<p>ACS workstream: work to recommence, meeting planned with Network lead to share national and local data with PCH site in the first instance.</p>	<ul style="list-style-type: none"> Recruitment to part time, fixed term therapy posts within the VBHC projects is a risk due to workforce availability.
Critically Ill		<p>Respiratory: Sub groups established and determining workplans. Multi agency/professional workshop held 30th June 2022. Business Case for Pulmonary Rehab developed.</p>	<ul style="list-style-type: none"> Differing levels of engagement across ILGs with re to HF VBHC projects.
Ukrainian Welcome Centre Ukraine UHB Health Plan		<p>Liver: Hep C: workshop held, actions determined. Parc Prison Hep C screening to be undertaken in Sept. Alcohol Care: Process mapping across sites completed. Business Case for 7 day model submitted to national VBHC team.</p>	<p>Escalations</p> <ul style="list-style-type: none"> Nothing to escalate this quarter.
Overall Delivery Confidence		<p>Ukrainian Welcome Centre(Dare Valley) officially opened 27/7/22. Robust Ukraine UHB Health Plan and</p>	
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Ageing Well Strategy Group Update: July 2022

Authors:
Kevin Duff
Rhian Webber



Ageing Well: Progress overview



Progress Highlights

- **Stroke** – Stroke Equity Audit undertaken across the CTM area with strong recommendations around prevention and optimal management of atrial Fibrillation and Hypertension in primary care as well as improvements to acute stroke services. Multi-disciplinary action plan in place, performance managed through the CTM Stroke Strategy Group with a number of short, medium and long term actions, responding to some of the recommendations in the SEA . Costed proposals developed for improvement to the stroke pathway across CTM UHB to inform future IMTP process.
- **Dementia** – Programme Manager in post and driving forward 2 year programme to implement All Wales Dementia Care Pathway of Standards in the Cwm Taf Morgannwg Region. CTM Dementia Steering Group and 5 works streams established mapped to the standards and national work streams.
- **Engagement Events** – Consultation with RCT Older Peoples Advisory Group and Taf Ely 50+ Forum to identify and discuss issues of ageing well in CTM. The discussion identified a number of key themes which form part of the overall CTM 2030 engagement feedback.





Clinical Strategy Lead: James Bolt
Head of Planning & Commissioning: Kevin Duff
Planning & Commissioning Manager: Rhian Webber

Work Programmes/ Activity	Delivery confidence
Neurological Conditions Group	Yellow
Stroke Planning Group	Yellow
Together for Mental Health Partnership Board	Green
Dementia Steering Group	Green
Frailty	Yellow

Progress and Achievements

Stroke: Revised Terms of Reference drafted for CTM Stroke Strategy Group to oversee development of Stroke care pathway. Value Based Healthcare Business case submitted against Welsh Government additional funding to support optimal management of Atrial Fibrillation (AF) and Hypertension in primary care as one of the key population health challenges in CTM UHB through improved management of two of the main modifiable risk factors for stroke and Cardiovascular Disease.

Neurological Conditions: Bevan Commission funded Planned Care Innovation Project to improve journey from symptom onset to diagnosis across Wales in place. National working group established with input from CTM UHB.

Frailty: Integrated Leadership Board established as part of Regional Planning Board structure to take forward development of integrated community services. Service mapping underway to inform development of services.

Dementia Steering Group: Community engagement workstream established and areas identified to work in partnership, taking 6-12 months to engage with that community to learn, evidence, and analyse what people and agencies have identified it needs

Priorities

- Develop regional programme structure for development of stroke services with Cardiff and Vale UHB.
- Continue work on development of Frailty model for CTM – linking in with Urgent Care Programme and work on optimal model for integrated community services.

Issues

- Costed proposals for improvements to stroke pathway dependent on IMTP funding.
- VBHC business case for optimal management of AF and hypertension dependent on WG funding.

Escalations

- As outlined in issues above.

Overall Delivery Confidence



Reporting Period

Q1 2022-23



Dying Well Update: July 2022

Authors:
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Progress Highlights

- **Care Decisions Tool** -relaunched in CTM and usage being audited across the three Specialist Palliative Care Areas.
- **Bereavement Services** – strategy group in place and mapping of services against newly issued Welsh Government Bereavement Standards
- **End of life Care** – Delivery Plan funding plan for 2022/23 developed and ongoing implementation across CTM UHB covering Advanced Care Planning, Care Decisions Guidance and development of Specialist Palliative Care Front Door Model





Chair: Stuart Hackwell
Head of Planning & Commissioning: Kevin Duff
Planning & Commissioning Manager: Rhian Webber

Work Programmes/ Activity	Delivery confidence
Palliative and End of Life Care Delivery Group	Yellow
Relaunch Care Decisions Tool	Light Green
Bereavement Services	Light Green
Education Training & Information	Light Green
Patient Feedback and Communication	Light Green

Progress and Achievements

Care Decisions Tool – senior nurse in post driving forward the refresh / relaunch across CTM UHB. Tool consistently used across all three of our specialist palliative care areas for adults. Senior nurse linked with Audit Team so that usage being audited and access to information on the portal. There has been interest from Care Homes, clinical and non-clinical members of teams and a willingness to engage which is consistent across all three Integrated Locality Groups (ILGS).

Bereavement Services – CTM Bereavement Strategy Group in place reviewing bereavement standards from Welsh Government and mapping out the standards and gaining an understanding of the services in place. The group is also developing a guide for staff on wards on who to contact from a bereavement perspective when someone passes away.

Specialist Palliative Care Front Door Model – Value Based Healthcare business case submitted to Welsh Government for consideration against additional VBHC funding as one of 8 CTM proposals following prioritisation process in CTM UHB. The proposal outlines the need to provide support at the hospital front door with Specialist Palliative Care team intervention.

Priorities

- Continue implementation and delivery of four key priority areas under CTM Palliative and EOL Delivery Group.
- Continue implementation and delivery of CTM Adult and Paediatric EOL Action Plans implementation of adult and paediatric action plans through the Delivery Group.

Issues

- Short term national EOL Delivery Plan funding in some key areas..
- VBHC business case for Specialist Palliative Care Front Door Model dependent on WG funding.

Escalations

- As outlined in issues above.

Overall Delivery Confidence



Reporting Period

Q1 2022-23