



**Agenda Item**

8.1.7

**CTM Health Board**

**5-year Diabetes Strategic Plan**

<b>Dyddiad y Cyfarfod / Date of Meeting</b>	27/11/2025
<b>Statws Cyhoeddi / Publication Status</b>	Open/ Public Not Applicable
<b>Awdur yr Adroddiad / Report Author</b> <i>If you do not wish for your name to be included in the public domain, please only include your job title</i>	Elle McNeil, Head of Planning & Commissioning
<b>Cyflwynydd yr Adroddiad / Report Presenter</b> <i>If you do not wish for your name to be included in the public domain, please only include your job title</i>	Elle McNeil, Head of Planning & Commissioning / Victoria Oxley, Deputy Director of Strategy & Transformation
<b>Noddwr Gweithredol yr Adroddiad / Report Executive Sponsor</b>	Claire Thompson, Executive Director of Strategy & Transformation
<b>Pwrpas yr Adroddiad / Report Purpose</b>	For Approval

**Engagement (internal/external) undertaken to date (including receipt/consideration at Committee/Group)**

<b>Committee / Group / Forum Individuals</b>	<b>Date</b>	<b>Outcome</b>
Strategic Development Committee	01/10/2025	Endorsed for Board Approval
Executive Management Board	26/08/2025	Supported with amendments
Diabetes Operational Board	14/05/2025	Supported
Diabetes Strategic Programme Board	05/06/2025	Supported aims/ priorities
Stakeholder Reference Group	16/07/2025	Suggestions and amendments
Cwmbach Diabetes Support Group	13/06/2025	Suggestions and amendments

**Acronyms / Glossary of Terms**

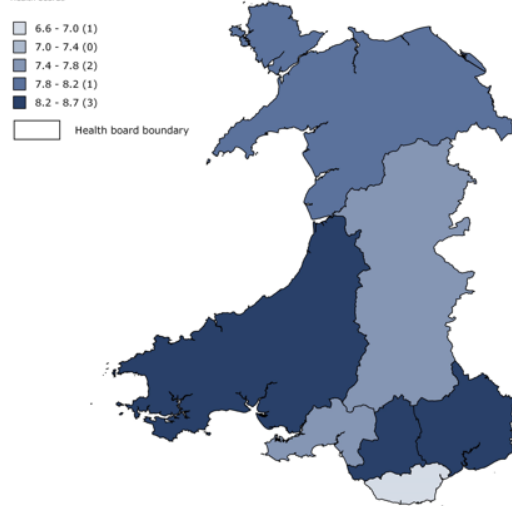
T1DM / T2DM	Type 1/ 2 Diabetes
CTM/ CTMUHB	Cwm Taf Morgannwg/ University Health Board



# 1. Situation /Background

1.1 Cwm Taf Morgannwg UHB (CTMUHB) has the 2<sup>nd</sup> highest percentage of registered patients with diabetes in Wales (8.59%):

Primary care diabetes disease register, percentage of registered patients aged 17+, Wales, 2021-22

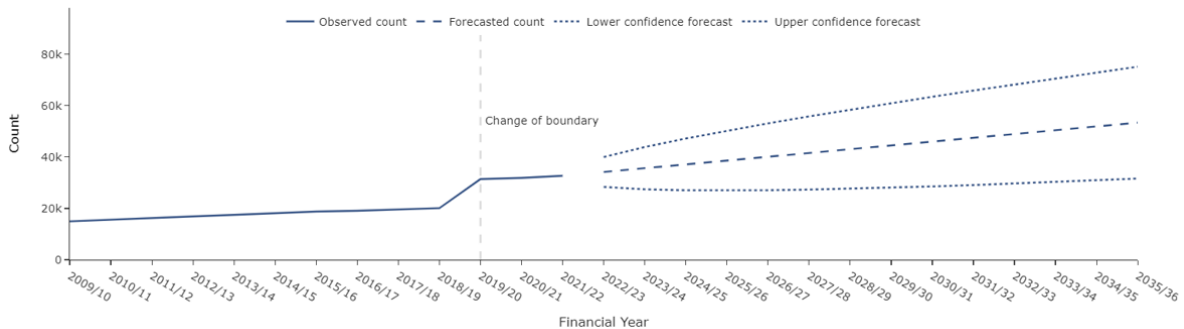


Area	Registered patients with diabetes (% aged 17+)
Aneurin Bevan UHB	8.65
Betsi Cadwaladr UHB	7.87
Cardiff & Vale UHB	6.63
Cwm Taf Morgannwg UHB	8.59
Hywel Dda UHB	8.36
Powys THB	7.81
Swansea Bay UHB	7.75

Produced by Public Health Wales OCAT & CDSC, using QAIF (DHCW)  
Contains National Statistics data © Crown copyright and database right 2023  
Contains OS data © Crown copyright and database right 2023

1.2 Based on the modelled counts, in 2035/36 there will be between 31,000 and 75,000 registered diabetics across our region, 90% of which will be type 2 diabetics (T2DM), a largely preventable disease:

Observed (2009/10 to 2021/22) and projected (2022/23 to 2035/36) diabetes registrations, counts, persons aged 17+, Cwm Taf Morgannwg University Health Board



Source: Diabetes HB Outputs Cwm Taf Morgannwg, 07122023, Public Health Wales

1.3 The attached 5 year Diabetes Strategic Plan responds to our rapidly growing prevalence of type 2 diabetes (T2DM), linked to high levels of deprivation, poverty and obesity across the CTM footprint and the need to take a long-term whole-systems approach to preventing, identifying, optimizing and supporting people living with diabetes.

1.4 The Diabetes Strategic Programme Board established in February 2025 provides oversight across the range of CTMUHB services delivering diabetes care and the programme of work required to implement this strategic plan.

## 2. Specific Matters for Consideration

- 2.1 The attached strategic plan provides the national policy context, local diabetes service overview with gap analysis and the high-level and specific aims and priorities for diabetes services for the next 5 years. It was coproduced, led by CTM public health with service leads from across primary, community and secondary care and takes an evidence-based approach to the identified priorities and next steps.
- 2.2 Discussion with our local Cwmbach Diabetes Support group and Stakeholder Reference Group membership about the action plan and key priorities has informed iteration and amendments of the plan. Work is ongoing to develop a Stakeholder Engagement Group and our overarching coproduction, involvement and engagement approach with Cwmbach Diabetes Support group and staff who self-identified when responding to our 'living with diabetes' staff survey during Diabetes Week (9<sup>th</sup>-13<sup>th</sup> June 2025).
- 2.3 The three strategic objectives identified within the plan align with Public Health Wales [Tackling Diabetes Together](#):
- Prevent or delay the onset of T2DM in those with modifiable risk factors
  - Prevent poor outcomes through effective diabetes care
  - Ensure equitable provision of all aspects of the diabetes pathway in CTMUHB
- 2.2 The priorities for years 1-3 delivery have been identified as:
- Review all diabetes services across CTMUHB to ensure services are high quality, evidence-based, equitable and meet the Welsh Government Quality Statement for diabetes and NICE guidelines.
  - To deliver service innovation that improves patient outcomes and diabetes management through harnessing new and emerging technologies and modernising diabetes services.
  - To develop, deliver and evaluate diabetes prevention and remission services in CTMUHB, ensuring core funding is secured from 2026 onwards.
  - To strengthen co-production and engagement with people living with diabetes across our communities.
  - To develop a diabetes data dashboard that supports implementation planning and monitoring and meets Welsh Government reporting requirements.

## 3. Key Risks / Matters for Escalation

- 3.1 The escalating prevalence of T2DM within the CTMUHB population has associated short, medium and long-term cost implications to the health board. A whole-systems approach with appropriate governance and strategic leadership is required to manage the risks associated with the increasing prevalence. Failure to work effectively and efficiently across the

breadth of CTMUHB services supporting diabetes patients will result in poor maximisation of effort, resources, expertise and learning.

- 3.2 Current prevention focused activities and services are being delivered through temporary funding arrangements which will end from March 2026 onwards. Securing sustainable funding for delivery is required to help flatten or decrease our rapidly increasing T2DM prevalence protectory.

#### 4. Assessment

Objectives / Strategy	
<b>Dolen i Nod (au) Strategol BIP CTM / Link to CTMUHB Strategic Goal(s)</b>	Improving Care
	If more than one applies please list below: The 5yr Diabetes Strategic plan also aligns with Creating Health and Sustaining our Future through taking a preventative, whole systems and prudent financial approach to the management of diabetes within our communities
<b>Dolen i Feysydd Strategol BIP CTM / Link to CTMUHB Strategic Areas</b>	Growing Well
	If more than one applies please list below: Strategy & Transformation input to diabetes sits with the Starting Well and Growing Well portfolios, however good diabetes management goes across the whole life-course
<b>Dolen i Ddeddf Llesiant Cenedlaethau'r Dyfodol – Nodau Llesiant / Link to Wellbeing of Future Generations Act – Wellbeing Goals</b> <a href="#">150623-guide-to-the-fg-act-en.pdf (futuregenerations.wales)</a>	A Healthier Wales
	If more than one applies please list below:
<b>Dolen i Hwyluswyr Ansawdd (Canllawiau Statudol Dyletswydd Ansawdd (Ilyw.cymru)) / Link to Enablers of Quality (Duty of Quality Statutory Guidance (gov.wales))</b>	Whole-systems Perspective
	If more than one applies please list below:
<b>Dolen i Feysydd Ansawdd (Canllawiau Statudol Dyletswydd Ansawdd (Ilyw.cymru)) / Link to Domains of Quality (Duty of Quality Statutory Guidance (gov.wales))</b>	Effective
	If more than one applies please list below: Taking a whole-systems approach to the strategic management of diabetes aligns with all areas of the Domains of Quality
<b>Effaith Amgylcheddol/ Cynaliadwyedd (5R) / Environmental /Sustainability Impact (5Rs)</b>	Yes - Reduce
	If more than one applies please list below:

#### Impact Assessment



<b>Ansawdd</b> <i>Ydych chi wedi ymgymryd â Sgrinio Asesiad o'r Effaith ar Ansawdd? /</i> <b>Quality</b> <i>Have you undertaken a Quality Impact Assessment Screening?</i>	Yes: <input type="checkbox"/>	No: <input checked="" type="checkbox"/>
	Outcome:	If no, please include rationale below:  NA
<b>Cydraddoldeb a'r Gymraeg</b> <i>Ydych chi wedi ymgymryd â Sgrinio Asesiad o'r Effaith ar Gydraddoldeb a'r Gymraeg? /</i> <b>Equality and Welsh Language</b> <i>Have you undertaken an Equality and Welsh Language Impact Assessment Screening?</i>	Yes: <input type="checkbox"/>	No: <input checked="" type="checkbox"/>
	Outcome for Equality (delete as appropriate):  POSITIVE/NEUTRAL NEGATIVE  Outcome for Welsh Language (delete as appropriate): POSITIVE/NEUTRAL NEGATIVE	If no, please include rationale below:  NA  A Welsh version of the 5yr plan is imminent (not available at the time of this meeting)
<b>Cyfreithiol / Legal</b>	There are no specific legal implications related to the activity outlined in this report.	
<b>Enw da / Reputational</b>	There is no direct impact on the reputation of the Health Board as a result of the activity outlined in this report.	
<b>Effaith Adnoddau</b> <i>(Pobl / Ariannol) /</i> <b>Resource Impact</b> <i>(People / Financial)</i>	Yes (Include further detail below)	
	There is a potential impact on resources as a number of programmes rely on fixed term funding and there is a need to redesign services to focus on upstream intervention	

## 5. Recommendation

5.1 The Board are asked to **Approve** the 5-year Diabetes Strategic plan to enable its progression to publication.

## 6. Next Steps

6.1 To publish the 5-year Diabetes Strategic plan.

6.2 To work with the Diabetes Strategic Programme Board and Diabetes Operational Management Board to establish effective implementation planning and monitoring.

## 7. Appendix 1: CTMUHB Draft 5yr Diabetes Strategic Action Plan