

# YMCHWILIAD CENEDLAETHOL I WAED A CHYNNYRCH GWAED HEINTIEDIG

I gael mynediad at gofnodion meddygol gan GIG  
Cymru, anfonwch e-bost at :

**[Blood.Inquiry@wales.nhs.uk](mailto:Blood.Inquiry@wales.nhs.uk)**

I'n helpu ni i roi copi cynhwysfawr o'ch cofnodion meddygol i chi  
allwch chi roi cymaint o wybodaeth â phosibl, gan gynnwys:

- Pob ardal neu fwrdd iechyd yng Nghymru ble rydych  
wedi cael gofal
- Bras amcan o'r cyfnod y cafodd y gofal hwn ei ddarparu
- Nodwch ble bo'n bosibl, yr arbenigedd a ddarparodd eich gofal e.e  
Orthopaedeg, Mamolaeth

Bydd eich cais yn cael ei anfon ymlaen at yr holl fyrddau  
iechyd priodol a fydd yna'n gweithio'n annibynnol i roi 'r cofnodion meddygol  
sydd yn eu meddiant i chi.

# NATIONAL INQUIRY INTO INFECTED BLOOD AND BLOOD PRODUCTS

To access medical records from NHS Wales  
please send an email to:

**[Blood.Inquiry@wales.nhs.uk](mailto:Blood.Inquiry@wales.nhs.uk)**

To help us to provide you with a comprehensive copy of  
your medical records please provide as much information  
as possible including:

- Each area or health board in Wales where you received care
  - The approximate time period that this care was provided
- Where possible please specify the speciality that provided your care e.g. Orthopaedics, Maternity etc.

Your request will be forwarded to all appropriate health boards who will then work independently to provide you with the medical records that are in their possession.